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### COMPLETE THE ASSESSMENT FORM OR REQUEST A CONSULTATION

You will need to be approved for surgery by the surgeon prior to departing Australia. If you struggle with computers or filling out forms, or just want to chat with us, you can [request a consultation](#) and we will take you through the questionnaire.

If you are ready to proceed, your first step will be to complete the [assessment form](#).

NOTE: It is imperative that you complete this accurately and honestly. You may be refused surgery in Malaysia by the surgeon if it is found you have not been honest. **No refunds will be provided if you have not completed the assessment form honestly and your surgery is cancelled.**

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### TALK TO YOUR FAMILY OR CLOSE FRIENDS

This is not the type of surgery that you should hide from your close family (eg husband/wife). You will need support and assistance once your surgery is completed and if your family don't know, they won't understand when all of a sudden you are eating a tiny portion of what you once ate, and losing weight rapidly. People who care about you may think you are sick or have a condition, They may not understand why you want to do this, but with your GP's support, along with the information found on this website, you should be able to show them the benefits.

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### REFERRALS REQUIRED FROM YOUR GP AFTER SURGEONS RECOMMENDATION

- Bloodwork: Referral for a full blood test. (Full blood count, liver function, renal profile, thyroid functions and serum cortisol)
- Ultra-sound: Referral for a pre-gastric surgery ultrasound (abdomen)
- Chest X-ray (if you are over 40)
- ECG (if you are over 40)
- Full cardiologist report or cardiac work-up. (if you have a heart conditions, have a history of mild stroke, or take aspirin or blood thinners regularly)

*Complete these no earlier than 1 month prior to surgery. Claim on Medicare.*

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### RECEIVE APPROVAL FOR SURGERY, QUOTES, ACCEPT AND BOOK

You will receive quotes for all aspects of your trip and surgery (if you are using us to help book your flights and accommodation. Hospital fees, surgeon, aesthetic fees, in country support customer service fees, medication, post op consultation.

You will complete an acceptance form at this stage, pay booking fees and final payments prior to leaving (14 days or 7 days for fast track)

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### PASSPORT, INSURANCE AND SPENDING MONEY

**Passport:** Validity at least 6 months. No visa required

**Insurance:** You can get medical complications insurance from Global Protective Solutions (roughly \$1000 AUD). Get a quote [here](#)

**Spending money:** We recommend you take a small amount of Malaysian currency (eg. \$100) as you will be able to change AUD to MYR when you arrive at your hotel. There are 3 money changers who offer great rates (better than Australia) in the Mid Valley Mega Mall (your hotel is in the same complex). You can also change back to AUD before you leave at the same location.