

BASIC CHECKLIST (by no means exhaustive)

- PASSPORT, travel documents, other ID, Money
- Natural fibre, light clothing
- Pyjama's for hospital (oversized, elastic waist)
- Walking shoes, slippers, thongs/sandals
- Toiletries including sunscreen
- Good hat
- A good book or two
- Overnight bag for hospital
- Post surgical stockings (for legs)
- Medications and prescription
- Tablet or laptop to watch movie on
- Mobile phone and mobile phone company notified
- Receipts for hospital and surgery
- Bank notified of destination (if using debit/credit card)
- Carry on bag within limits with only allowable items

